

REFILLS

BLOG

CONSULTS

SUPPLEMENTS

WEIGHT LOSS



WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
Jennifer L. Burch, Pharm.D., CDE

Finding Help for Chronic Hemorrhoids

Individuals living with chronic hemorrhoids often describe their symptoms as painful, frustrating, and deeply disruptive to daily life. Unlike short-term flare-ups that may resolve with over-the-counter products, chronic cases can linger for weeks or even months, causing ongoing discomfort and emotional distress.

Common symptoms include:

- Sharp pain during or after bowel movements
- Persistent itching or irritation around the anus
- Bleeding or inflammation that worsens with wiping
- Swelling or tender lumps near the anus
- A sensation of incomplete evacuation
- Dull, throbbing soreness lasting long after restroom use



Over time, these symptoms can impact not only physical comfort but also confidence and quality of life.

A Targeted Approach to Relief

At our compounding pharmacy, we work closely with prescribers to prepare customized medications designed to address both pain and inflammation directly at the source. One such therapy combines lidocaine, hydrocortisone, and sucralfate, three ingredients that

may work together to soothe, protect, and promote healing.

Here's how each ingredient contributes:

- **Lidocaine** helps block pain signals, providing rapid numbing relief.
- **Hydrocortisone** calms inflammation and may help reduce itching and swelling.
- **Sucralfate** forms a soothing barrier that helps protect sensitive tissue during healing.

Together, this combination offers a threefold mechanism of action by helping to reduce pain, support tissue recovery, and shield the area from further irritation.

These compounds are often dispensed in innovative suppositories, designed to stay in place for enhanced comfort and symptom control.

Relief During Pregnancy and Beyond

Pregnant patients are especially prone to hemorrhoids due to increased pelvic pressure and hormonal changes. Compounded therapies can help provide localized relief when standard treatments are insufficient, helping expectant and postpartum patients maintain comfort and quality of life.

Who May Benefit Most

Personalized compounded therapy may be an option for patients who:

- Have persistent pain, itching, or burning unrelieved by OTC products
- Are sensitive to commercial bases or ingredients
- Need faster relief while avoiding surgical intervention
- Are pregnant or postpartum and require tailored, gentle treatment

These prescriptions are typically written by gastroenterologists, colorectal surgeons, or primary care providers who partner with compounding pharmacists to fine-tune treatment for individual needs.

For those dealing with chronic hemorrhoid pain, compounded preparations may bridge the gap between conservative care and more invasive options, potentially offering relief that's personalized, targeted, and designed with comfort in mind.

Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON GOOGLE](#)

ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[READ MORE](#)

REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175. ***Call Mary, our Patient Care Coordinator, to schedule your appointment.***

HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!





HOURS: Monday - Friday 9am - 5:30pm
Closed for lunch 12:30pm - 1pm
Closed Saturday and Sunday

Central Compounding Center South | 2609 N Duke St Suite 103 | Durham, NC 27704 US

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